



KANSAS SUICIDE PREVENTION HQ

PRESENTS

**A SUICIDE PREVENTION TRAINING SERIES 2021,
FUNDED BY THE KANSAS DEPARTMENT OF HEALTH AND ENVIRONMENT;
KANSAS ZERO SUICIDE: A FRAMEWORK FOR HEALTH AND BEHAVIORAL HEALTH CARE SYSTEMS**

TRAININGS & DATES:

*TRAININGS ARE FREE

Suicide Screening and Assessment

January 13, 9-11 AM
March 9, 2-4 PM
May 11, 9-11 AM
July 9, 2-4 PM

Utilization of a validated screening tool is essential for good suicide prevention in mental health treatment and community settings. This training will focus on the use of the Columbia Scale (the gold standard in suicide screenings) and formulating suicide risk based on this screening and other evidence informed factors.

Suicide Intervention Basics

January 21-22, 9 AM-12 PM
April 8-9, 9 AM-12 PM
May 17-18, 9 AM-12 PM
August 4-5, 9 AM-12 PM

Everyone, professionals and caring adults alike, has a part to play in safety from suicide. In this session, participants will learn the skills to protect the lives of clients, family members, and neighbors of all ages.

Counseling on Access to Lethal Means (CALM) for Providers

February 12, 9-11 AM
June 1, 1-3 PM

Environmental safety measures are key in creating safety from suicide. In this session, mental health providers will increase their skills in assessing for access to lethal means, and joining with clients in how to plan for safety. Particular attention is paid to navigating firearm safety.

Suicide Safety at Home

April 12, 5:30-6:30 PM
August 11, 5:30-6:30 PM

There are steps we can all take to make our homes safer for our loved ones. This session will discuss steps and plans that we can all take to keep youth and those living with suicidal thoughts safe at home. Particular attention will be paid to firearm safety resources.

QPR (Question, Persuade, Refer)

*All sessions from 1-5 PM
February 25
March 31
April 27
May 20
June 18
July 30
August 17

Learn CPR for suicide risk. At the end of this session, participants will be competent in identifying someone at risk of suicide and helping to connect them to their next resource.

To register: <https://forms.gle/AdcZsdZ3YMbymbBQa6>
Contact: Erica@KSPHQ.org with questions